



Interventions



Sensory circuits

A Sensory Circuit is a short plan of physical activities that enables children to achieve an optimal level of alertness. It lasts 10-15 minutes and consists of 3 sections: Alerting Activities, Organising Activities and Calming Activities which can be done throughout the day.



Lego Therapy

Lego-based therapy is an evidence based approach that aims to develop social communication skills such as sharing, turn-taking, following rules, using names and problem-solving.



Drawing and talking

Drawing and Talking Therapy is an alternative to direct talking therapies. As an attachment-based therapeutic intervention, Drawing and Talking Therapy is designed to complement CAMHS and other specialist therapies.



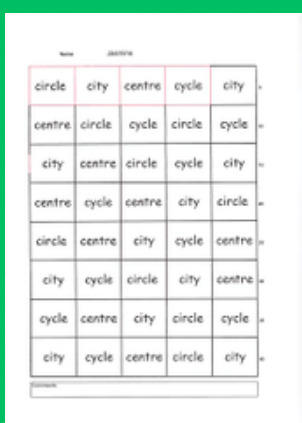
Zones of Regulation

The Zones of Regulation provides an easy way to think and talk about how we feel on the inside and organises emotions into four coloured zones.



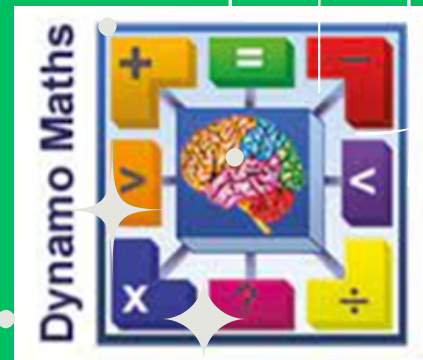
1stClass @Number

1stClass@Number are specially designed lessons that focus on number and calculation, developing children's mathematical understanding, communication and reasoning skills. Stimulating, enjoyable games and activities engage the children and build their confidence.



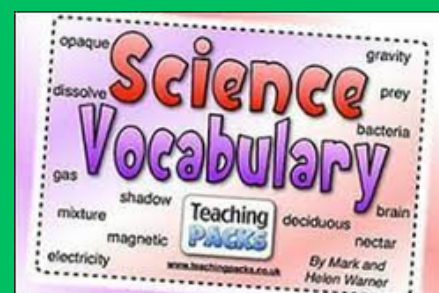
Precision teach

Precision teaching is designed to get children to think quickly until they're able to recall something instinctively. This structured teaching intervention is fast-paced and repetitive so children will learn to become fluent and confident. This could be done within maths or English thinking about number bonds, times tables, reading and spelling of key words.



Dynamo Maths

Dynamo Maths is research and evidence based resource to support children who are not meeting age-related expectations. It is a number sense developmental program, consisting of a triple pathway of blend of resources and a range of SEN support tools for teachers and children. It is proven to support children with moderate and severe learning difficulties.



Pre-teach

Pre-teaching is a strategy that involves teaching children concepts or skills prior to a lesson on the subject. Examples can include: teaching new vocabulary items related to a lesson on geography, explaining new maths concepts prior to a maths class or focusing on key words for a science topic.